

Adam P. McGuire, Ph.D.

Curriculum Vitae

VISN 17 Center of Excellence
4800 Memorial Dr. (151C)
Waco, TX 76711
adam.mcguire@va.gov
(254) 297-5094

The University of Texas at Tyler
3900 University Blvd, HPR 237
Tyler, TX 75799
amcguire@uttyler.edu
(903) 566-6268

CURRENT POSITIONS

- 2019–Present** **Clinical Psychologist**
VISN 17 Center of Excellence for Research on Returning War Veterans
Doris Miller VA Medical Center, Waco, Texas
Licensed Psychologist, Texas (#38189; Exp: 11/30/2022)
- 2019–Present** **Assistant Professor**
Department of Psychology and Counseling
The University of Texas at Tyler, Tyler, Texas

PREVIOUS ACADEMIC APPOINTMENTS

- 2017–2019** **Research Scientist**
Department of Psychology and Neuroscience
Baylor University, Waco, Texas
- 2017–2019** **Adjunct Assistant Professor**
Department of Psychiatry and Behavioral Science
Texas A&M University Health Science Center
College of Medicine, College Station, Texas
- 2016** **Adjunct Faculty**
Department of Clinical Psychology
Seattle Pacific University, Seattle, Washington

EDUCATION AND TRAINING

- 2017–2019** **OAA Advanced Research Postdoctoral Fellow**
VISN 17 Center of Excellence for Research
Doris Miller VA Medical Center, Waco, Texas
Training Director: Richard W. Seim, Ph.D.
- 2017** **Ph.D. in Clinical Psychology**
Department of Clinical Psychology, *APA Accredited*
Seattle Pacific University, Seattle, Washington
Advisor: Thane M. Erickson, Ph.D.

Predoctoral Internship

University of Mississippi Medical Center / G.V. Sonny Montgomery VA Medical Center Consortium, *APA Accredited*, Jackson, Mississippi
Training Director: Daniel C. Williams, Ph.D.

2014

M.S. in Clinical Psychology

Seattle Pacific University, Seattle, Washington

2011

B.A. in Psychology

University of Michigan, Ann Arbor, Michigan

RESEARCH FUNDING

Current

VA Small Projects in Rehabilitation Research (SPiRE) Award

Title: Moral elevation online intervention for veterans experiencing distress related to PTSD and moral injury (MOVED): A pilot study of a web-based intervention

Role: Principal Investigator

Period: 9/1/19 – 8/31/21; Total Costs: \$199,796

Veterans Integrated Service Network (VISN 17) Center of Excellence for Research on Returning War Veterans Pilot Funds Award

Title: Eliciting moral elevation in veterans with PTSD and moral injury

Role: Principal Investigator

Period: 3/1/18 – 3/1/20; Total Costs: \$10,000

Submitted

Pathways to Character Project, Templeton Foundation

Title: Character growth in veterans following PTSD treatment: Expanding gratitude and prosocial behaviors (letter of intent proposal; 2017)

Role: Principal Investigator; Proposed Total Costs: \$88,500, not funded

PEACE Grant, Mind and Life Institute

Title: Enhancing Loving-Kindness Meditation with moral elevation to target prosociality and social connection: A pilot trial of an online intervention for veterans with PTSD

(invited to submit full proposal; 2020)

Role: Principal Investigator; Proposed Total Costs: \$100,000, not funded

PUBLICATIONS

Peer-Reviewed Publications

1. Hayden, C., Szabo, Y. Z., Anderson, A. R., Frankfurt, S. B., & **McGuire, A. P.** (in press). Social interaction within a trauma-exposed population during the early phase of COVID-19. *Journal of Loss and Trauma*.

2. **McGuire, A. P.**, Fogle, B. M., Tsai, J., Southwick, S. M., & Pietrzak, R. H. (2021). Dispositional gratitude and mental health in the U.S. veteran population: Results from the National Health and Resilience Veterans Study. *Journal of Psychiatric Research, 135*, 279-288. <https://doi.org/10.1016/j.jpsychires.2021.01.020>
3. **McGuire, A. P.**, Hayden, C., Zambrano-Vazquez, L., & Connolly, K. M. (2021). Examining the link between intolerance of uncertainty and positive and negative urgency in veterans with comorbid PTSD and substance use disorders. *Journal of Nervous and Mental Disease, 209*, 82-84. <https://doi:10.1097/NMD.0000000000001252>
4. **McGuire, A. P.**, & Mignogna, J. M. (2021). Inducing moral elevation in veterans with PTSD: An experimental investigation using a mixed methods approach. *Journal of Experimental Psychopathology, 12*, 1-15. <https://doi.org/10.1177/2043808720982415>
5. **McGuire, A. P.**, Frankfurt, S. B., Anderson, L. M., & Connolly, K. M. (2020). Pre- to posttreatment changes in trauma-cued negative emotion mediate improvement in posttraumatic stress disorder, depression, and impulsivity. *Traumatology*. <https://doi.org/10.1037/trm0000258>
6. **McGuire, A. P.**, Hayden, C., Frankfurt, S. B., Kurz, A. S., Anderson, A. R., Howard, B. A. N., Szabo, Y. Z. (2020). Social engagement early in the U.S. COVID-19 crisis: Exploring social support and prosocial behavior between those with and without depression or anxiety in an online sample. *Journal of Social and Clinical Psychology, 39*, 923-953. <https://doi.org/10.1521/jscp.2020.39.10.923>
7. **McGuire, A. P.**, Szabo, Y. Z., Murphy, K. M., & Erickson, T. M. (2020). Direct and indirect effects of trait and state gratitude on health-related quality of life in a prospective design. *Psychological Reports, 123*, 2248-2262. <https://doi.org/10.1177/0033294119868784>
8. **McGuire, A. P.**, Nosen, E., & Lyons, J. A. (2019). Benefits of moral elevation in veterans with PTSD and moral injury: A proposed theoretical framework and pilot study. *Military Behavioral Health, 7*, 315-326. <https://doi:10.1080/21635781.2018.1540316>
9. Stebbins, O. L., Tingey, J. L., Verdi, E. K., Erickson, T. M., & **McGuire, A. P.** (2019). Compassionate goals predict social support and PTSD symptoms following a university shooting: A moderated mediation analysis. *Journal of Social and Clinical Psychology, 38*, 277-300. <https://doi:10.1521/jscp.2019.38.4.277>
10. Hollingsworth, D. W., Gauthier, J., **McGuire A. P.**, Peck, K. R., Hahn, K., & Connolly, K. M. (2018). Intolerance of uncertainty mediates symptoms of PTSD and depression in African American veterans. *Journal of Black Psychology, 44*, 667-688. <https://doi:10.1177/0095798418809201>
11. **McGuire, A. P.**, Erickson, T. M., Quach, C. M., & Willey, B. (2018). Gratitude for better or worse: Differential predictors and affective outcomes of state gratitude in positive and negative contexts. *Journal of Positive Psychology and Wellbeing*, 1-19. Retrieved from <https://journalppw.com/index/php/JPPW/article/view/91>
12. **McGuire, A. P.**, Gauthier, J. M., Anderson, L. M., Hollingsworth, D. W., Tracy, M., Galea, S., Coffey, S. F. (2018). Social support moderates effects of natural disaster exposure on depression and PTSD symptoms: Effects for displaced and non-displaced residents. *Journal of Traumatic Stress, 31*, 223-233. <https://doi:10.1002/jts.22270>
13. **McGuire, A. P.**, Mota, N. P., Sippel, L. M., Connolly, K. M., & Lyons, J. A. (2018). Increased resilience is associated with positive treatment outcomes for veterans with comorbid PTSD

and substance use disorders. *Journal of Dual Diagnosis*, 14, 181-186.
<https://doi:10.1080/15504263.2018.1464237>

14. Peck, K. R., Coffey, S. F., **McGuire, A. P.**, Voluse, A. C., & Connolly, K. M. (2018). A cognitive processing therapy-based treatment program for veterans diagnosed with co-occurring posttraumatic stress disorder and substance use disorder: The relationship between trauma-related cognitions and outcomes for a 6-week treatment program. *Journal of Anxiety Disorders*, 59, 34-41. [https:// doi:10.1016/j.janxdis.2018.09.001](https://doi:10.1016/j.janxdis.2018.09.001)
15. Erickson, T. M., Mayer, S. E., Lopez-Duran, N. L., Scarsella, G. M., **McGuire, A. P.**, Crocker, J., & Abelson, J. L. (2017). Mediators of compassionate goal intervention effects on human neuroendocrine responses to the Trier Social Stress Test. *Stress*, 20, 533-540. [https:// doi:10.1080/10253890.2017.1368489](https://doi:10.1080/10253890.2017.1368489)
16. Erickson, T. M., **McGuire, A. P.**, Scarsella, G. M., Crouch, T. A., Lewis, J. A., Eisenlohr, A. P., & Muresan, T. J. (2017). Viral videos and virtue: Moral elevation inductions shift affect and interpersonal goals in daily life. *Journal of Positive Psychology*, 1-12. <https://doi:10.1080/17439760.2017.1365163>
17. Tingey, J. L., **McGuire, A. P.**, Stebbins, O., & Erickson, T. M. (2017). Moral elevation and compassionate goals predict posttraumatic growth in the context of a college shooting. *Journal of Positive Psychology*, 1-10. <https://doi:10.1080/17439760.2017.1402077>
18. Murphy, K., **McGuire, A. P.**, Erickson, T. M., & Mezulis, A. (2016). Somatic symptoms mediate the relationship between health anxiety and health-related quality of life over eight weeks. *Stress and Health*. <https://doi:10.1002/smi.2694>
19. Redfield, C., **McGuire, A. P.**, Lin, T. C., Aust, M., & Erickson, T. M. (2016). Shifts in attitudes, knowledge, and social goals in nursing students followed structured contact with community-dwelling older adults. *Journal of Nursing Education*, 55, 569-573. <https://doi:10.3928/01484834-20160914-05>
20. Spencer, R. J., **McGuire, A. P.**, Tree, H. A., Waldron-Perrine, B., Pangilinan, P. H., & Bieliauskas, L. A. (2013). Report of traumatic brain injury information sources among OIF/OEF Veterans undergoing polytrauma evaluations. *Journal of Rehabilitation Research and Development*, 50, 1-6. <https://doi:10.1682/jrrd.2012.01.0018>
21. Waldron-Perrine B., **McGuire, A. P.**, Spencer, R. J., Drag, L. L., Pangilinan, P. H., & Bieliauskas, L. A. (2012). The influence of sleep and mood on cognitive functioning among veterans being evaluated for mild traumatic brain injury. *Military Medicine*, 177, 1293-1301. <https://doi:10.7205/MILMED-D-12-00169>

Manuscripts Under Review

1. Szabo, Y. Z., Frankfurt, S. B., Kurz, A. S., Anderson, A. R., & **McGuire, A. P.** (under review). Resilience predicts posttraumatic cognitions after a trauma reminder task and subsequent positive emotion induction among veterans with PTSD.

Book Chapters

1. Erickson, T. M., Newman, M. G., & **McGuire, A.** (2014). Adding an interpersonal-experiential focus to cognitive-behavioral therapy for generalized anxiety disorder. In Thoma, N. C. & McKay, D. (Eds.), *Working with emotion in cognitive-behavioral therapy: Techniques for clinical practice* (pp. 356-380). New York, NY: Guilford Press.

PRESENTATIONS

Peer-Reviewed Presentations

1. Lauderdale, S., Daniel, R., Lauderdale, S., Tate, L., Slagel, B., & **McGuire, A. P.** (2020, November). *Assessing the damage of stigma: A comprehensive evaluation of variables affecting public and internalized stigma experienced by active duty service members and veterans*. Symposium presented at the 54th Annual Convention of Association for Behavioral and Cognitive Therapy (virtual).
2. **McGuire, A. P.**, Creech, S. K., & Erickson, T. M. (2020, November). *Moral elevation online intervention for veterans experiencing PTSD and moral injury distress: Assessing the feasibility and acceptability of a web-based, positive psychology intervention*. In S. Wells (Chair). *Meeting clients where they are: The use of technology to increase the reach of evidence-based PTSD treatments*. Symposium presented at the 54th Annual Convention of Association for Behavioral and Cognitive Therapy (virtual).
3. **McGuire, A. P.** (2020, March). *Within-person effects of moral elevation on trauma-related cognitions and emotions: The potential benefits of feeling uplifted by others' actions*. Poster presentation accepted at the Anxiety and Depression Conference, San Antonio, TX.
4. **McGuire, A. P.** & Russell, M. L. (2019, November). *An experimental study examining moral elevation in veterans with PTSD: Responses to observing others' virtuous behavior*. In **A. McGuire** (Chair). *Utilizing social connectedness to alleviate trauma-related distress in veterans*. Symposium presented at the 53rd Annual Convention of Association for Behavioral and Cognitive Therapy, Atlanta, GA.
5. Zambrano-Vasquez, L., **McGuire, A. P.**, Belleau, E. L., LaBash, H., Wanklyn, S. G., Hahn, K. S., & Connolly, K. M. (2019, November). *The role of worry and intolerance of uncertainty in PTSD symptom improvement: Exploring secondary mechanisms of treatment for veterans with PTSD and substance use disorders*. Poster presented at the 53rd Annual Convention of Association for Behavioral and Cognitive Therapy, Atlanta, GA.
6. Szabo, Y. Z., Russell, M. L., & **McGuire, A. P.** (2019, November). *Resilience predicts posttraumatic cognitions after trauma reminder task and positive emotion induction in veterans with PTSD: Relevance for treatment*. Poster presented at the International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA.
7. Szabo, Y. Z., Russell, M. L., & **McGuire, A. P.** (2019, November). *To be resilient is to be mindful? Mindfulness accounts for associations between resilience and self-conscious emotions after trauma narrative task among veterans with PTSD*. Poster presented at the International Society for Traumatic Stress Studies 35th Annual Meeting, Boston, MA.
8. Carr, R., Freed, S., McKinnon, M., Nash, W., & **McGuire, A. P.** (2018, November). In S. Frankfurt (Chair). *Military psychologists and neuroscientists in conversation: Conceptualizing the core affective processes of combat trauma*. Panel presented at the International Society for Traumatic Stress Studies 34th Annual Meeting, Washington, DC.
9. Frankfurt, S., DeBeer, B., Morissette, S., La Bash, H., Kimbrel, N., **McGuire, A. P.**, & Meyer, E. (2018, November). *Should experiencing military sexual trauma be considered a morally injurious act?: Exploring the role of military sexual trauma within a moral injury framework*.

Panel presented at the International Society for Traumatic Stress Studies 34th Annual Meeting, Washington, DC.

10. Frankfurt, S., Donnellan, B., Litz, B., Russell, M., Meyer, E., **McGuire, A. P.**, & Riviere, L. (2018, November). A psychometric evaluation of the Moral Injury Events Scale and the Moral Injury Questionnaire-Military Version in Veterans and Soldiers. Panel presented at the International Society for Traumatic Stress Studies 34th Annual Meeting, Washington, DC.
11. Frankfurt, S., Donnellan, B., Litz, B., Russell, M., Meyer, E., **McGuire, A. P.**, & Riviere, L. (2018, November). Refining the measurement of the moral injury framework: New measures of moral injury event exposure and moral injury event effects. Panel presented at the International Society for Traumatic Stress Studies 34th Annual Meeting, Washington, DC.
12. **McGuire, A. P.**, Anderson, L. M., & Connolly, K. M. (2018, November). *Self-disgust mediates the relation between trauma-related self-blame and PTSD symptoms in veterans*. Poster presented at the 52nd Annual Convention of Association for Behavioral and Cognitive Therapy, Washington, DC.
13. **McGuire, A. P.**, Nosen, E., & Lyons, J. A. (2018, November). *The benefits of moral elevation on PTSD treatment outcomes in a group residential program*. Paper presented at the International Society for Traumatic Stress Studies 34th Annual Meeting, Washington, DC.
14. **McGuire, A. P.**, Nosen, E., & Lyons, J. A. (2017, November). *The impact of feeling uplifted and inspired by fellow group members in PTSD residential treatment: A pilot study of the role of moral elevation*. Poster presented at International Society for Traumatic Stress Studies 33rd Annual Meeting, Chicago, IL.
15. Kramarevsky, O. L., **McGuire, A. P.**, Tingey, J. L., & Erickson, T. M. (2016, October). *Compassionate goals and social support predict lower PTSD symptoms in the context of proximity to a mass trauma*. Poster presented at 50th Annual Convention of Association for Behavioral and Cognitive Therapy, New York, NY.
16. McNeil, T., **McGuire, A. P.**, Lewis, J., & Erickson, T. M. (2016, October). *A longitudinal investigation of the contrast avoidance model across eight weeks*. Paper presented at the 50th Annual Convention of Association for Behavioral and Cognitive Therapy, New York, NY.
17. Tingey, J. L., **McGuire, A. P.**, Kramarevsky, O.L., & Erickson, T. M. (2016, October). *Fostering posttraumatic growth following a school shooting: Impact of interpersonal processes and moral elevation*. Poster presented at 50th Annual Convention of Association for Behavioral and Cognitive Therapy, New York, NY.
18. McNeil, T., Patton, K., **McGuire, A. P.** (2016, April). *Impact of worry motives on negative emotion and somatic symptoms*. Poster presented at 96th Annual Western Psychological Association Convention, Long Beach, CA.
19. **McGuire, A. P.** & Erickson, T. M. (2015, November). *The role of intolerance of uncertainty and worry motives on seeking information in GAD versus nonanxious college students*. Poster presented at 49th Annual Convention of Association for Behavioral and Cognitive Therapy, Chicago, IL.
20. Scarsella, G. M., **McGuire, A. P.**, Kramarevsky, O., Erickson, T. M., & Abelson, J. L. (2015, November). *Anxiety and depression differentially predict self-referential language during a social stress task*. Poster presented at 49th Annual Convention of Association for Behavioral and Cognitive Therapy, Chicago, IL.

21. Erickson, T. M., Scarsella, G., **McGuire, A. P.**, McNeil, T., & Lewis, J. (2015, June). *A different type of elevation: Field experiments inducing moral elevation to shift daily interpersonal goals*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Toronto, ON.
22. **McGuire, A. P.**, Murphy, K. M. Erickson, T. M., & DeSimone, J. (2015, April). *Benefits of expressing gratitude during the best and worst events*. Paper presented at the Western Psychological Association 95th Annual Convention, Las Vegas, NV.
23. Erickson, T. M. Scarsella, G., **McGuire, A. P.**, Abelson, J. L., Lopez-Duran, N. L., Mayer, S. E., Briggs, H., & Liberzon, I. (2014, November). *Mediators of cognitive goal intervention on stress hormones during a social stress task: The role of perceived moral purity and social affiliation*. Poster presented at 48th Annual Convention of Association for Behavioral and Cognitive Therapy, Philadelphia, PA.
24. Redfield, C., Erickson, T., Aust, M., Jay, J., **McGuire, A. P.**, Lin, A., Orton, V., & Pedersen, L. (2014, October). *Changes across social interactions between nursing students and older adults*. Paper presented at the 7th Annual University of New Mexico Mentoring Conference, Albuquerque, NM.
25. Murphy, K. M., **McGuire, A. P.**, & Erickson, T. M. (2014, April). *Testing gratitude as a moderator of health anxiety outcomes in a longitudinal design*. Poster presented at 35th Annual Meeting of Society of Behavioral Medicine, Philadelphia, PA.
26. Scarsella, G., Erickson, T. M., **McGuire, A. P.**, & Maddox, A. (2013, November). *Field experiments using daily video-based exercises to elicit moral elevation and positive affect*. Paper presented at the 49th Annual Convention of Association for Behavioral and Cognitive Therapy, Nashville, TN.
27. Erickson, T. M., Abelson, J. L., Scarsella, G., **McGuire, A. P.**, Maddox, A., & Crocker, J. (2013, June). *Eliciting compassionate goals in a lab-based stress task and field experiments of moral elevation: Beneficial effects on cortisol and positive psychological states*. Paper presented at the 3rd Annual World Congress on Positive Psychology, Los Angeles, CA.
28. Erickson, T. M., Maddox, A., Scarsella, G., & **McGuire, A. P.** (2013, April). *YouTube as emotion science: Field studies testing daily internet videos to manipulate social goals and affect*. Poster presented at Annual Conference of the Anxiety and Depression Association of America, San Diego, CA.
29. **McGuire, A. P.**, Tree, H. A., Waldron-Perrine, B., Spencer, R. J., Pangilinan, P. H., & Bieliauskas, L. A. (2011, November). *The influence of mood and anxiety symptoms on effort test performance in a VA polytrauma TBI clinic*. Poster presented at 31st Annual Conference of the National Academy of Neuropsychology, Marco Island, FL.
30. Tree, H. A., Waldron-Perrine, B., Spencer, R. J., **McGuire, A. P.**, Na, S. D., Pangilinan, P. H., & Bieliauskas, L. A. (2011, November). *The influence of sleep on effort test performance in a VA polytrauma TBI clinic*. Poster presented at 31st Annual Conference of the National Academy of Neuropsychology, Marco Island, FL.
31. Waldron-Perrine, B., Tree, H. A., Spencer, R. J., **McGuire, A. P.**, Na, S. D., Pangilinan, P. H., & Bieliauskas, L. A. (2011, November). *Associations between psychiatric symptomatology and neuropsychological functioning in a VA polytrauma/TBI clinic*. Poster presented at 31st Annual Conference of the National Academy of Neuropsychology, Marco Island, FL.

32. **McGuire, A. P.**, Spencer, R. J., Drag, L. L., Walker, S. J., Pangilinan, P. H., & Bieliauskas, L. A. (2011, February). *Effort drives the association between self-reports of cognitive function and neuropsychological test performance among returning combat veterans*. Poster presented at 39th Annual Conference of the International Neuropsychological Society, Boston, MA.
33. Neumann, M. R., Spencer, R. J., Tree, H. A., Pangilinan, P. H., **McGuire, A. P.**, & Bieliauskas, L. A. (2011, February). *Sleep deprivation has a small effect on memory among veterans being evaluated for mild traumatic brain injury*. Poster presented at 39th Annual Conference of the International Neuropsychological Society, Boston, MA.

Invited Talks

1. **McGuire, A. P.** (2020, June). Supporting each other through COVID: Positive psychology principles. Central Texas Veterans Health Care System, Waco, TX.
2. **McGuire, A. P.** (2019, March). *Moral emotions and trauma in Veterans: Examining the potential for negative and positive effects*. Workshop presented at Steven A. Cohen Military Family Clinic at Endeavors, San Antonio, TX.
3. **McGuire, A. P.** (2018, February). *The role of moral elevation in PTSD and moral injury: Potential for integration into individual and group therapy*. 3rd Annual Texas Veteran Mental Health Symposium, Round Rock, TX.
4. **McGuire, A. P.** (2018, March). *Integrating prosocial emotions and mental health care: An introduction and discussion of case examples*. Workshop presented at Veterans One Stop, Waco, TX.

Departmental Talks

1. **McGuire, A. P.** (2017, November). *Postdoctoral fellow career goals and contributions to the Center of Excellence*. VISN 17 Center of Excellence Veterans Affairs Central Office Annual Site Visit, Waco, TX.
2. **McGuire, A. P.** (2017, October). *Examining the role of moral elevation in Veterans with PTSD and moral injury*. Veteran Council to Evaluate Research Relevance in the Veteran Community, Waco, TX.
3. **McGuire, A. P.** (2016, September). *Positive emotions and subsequent interpersonal processes in depression, anxiety, and related disorders*. Mississippi Consortium Department Rounds, Jackson, MS.

RESEARCH EXPERIENCE

2017–2019

Postdoctoral Research Fellow

VISN 17 Center of Excellence for Research on Returning War Veterans
Designed experimental study to test emotional, cognitive, and physiological responses to moral elevation stimuli in veterans with PTSD and moral injury.

Research Preceptor: Michael Russell, Ph.D.

2016–2017

Predoctoral Intern, Researcher

G.V. (Sonny) Montgomery VA Medical Center
 Implemented novel measure to assess moral elevation during group therapy in PTSD and SUD residential programs and collected data for pilot studies.
Research Preceptor: Judith Lyons, Ph.D.

2012–2016

Graduate Research Assistant & Laboratory Manager

Seattle Pacific University, Clinical Psychology Department
 Developed research protocols and managed recruitment for a community-based treatment study for anxiety disorders.
Principal Investigator: Thane Erickson, Ph.D.

2010–2012

Research Assistant

Ann Arbor VA Healthcare System, Polytrauma Clinic
 Developed IRB proposals and collected data for studies on cognitive and emotional effects of mild traumatic brain injury in OEF/OIF Veterans.
Principal Investigator: Linas Bieliauskas, Ph.D.

2010

Researcher, Evaluation of a Jail Diversion Program and Use of Contingency Management

University of Michigan, Psychology Department
 Developed and evaluated a contingency management program that was implemented in the Genesee County Mental Health Court.
Supervisor: Mark Creekmore, Ph.D.

2010

Research Assistant

Ann Arbor VA Healthcare System
 Assisted with research projects that evaluated treatment methods for substance use disorders and associated risks for suicide.
Principal Investigator: Mark Ilgen, Ph.D.

2010

Research Assistant

University of Michigan, Depression Center
 Assisted with a study that examined a treatment for pregnant women experiencing depressive symptoms.
Principal Investigator: Heather Flynn, Ph.D.

RESEARCH SUPERVISION EXPERIENCE

2018–Present

Baylor Undergraduate Research Supervisor

VISN 17 Center of Excellence for Research on Returning War Veterans
 Supervise premedical and psychology undergraduate students completing an undergraduate research internship.

SPR 2016

Adjunct Faculty for Erickson Research Team

Department of Clinical Psychology, Seattle Pacific University

Research: Undergraduate poster submission and presentation;
Graduate students' master's thesis and final presentation; Dissertation
IRB proposal.

Other: Managed recruitment for projects; Facilitated weekly meetings;
Assisted in resolving student concerns and conflicts with other faculty.

STUDENTS

2020 – Present	Joanna Fagan (University of Texas at Tyler) <i>Doctoral Advisor, PhD in Clinical Psychology</i>
2019 – Present	Candice Villarreal (University of Texas at Tyler) <i>Doctoral Advisor, PhD in Clinical Psychology</i>
2019	Azucena Cruz Brooks (Tarleton State University) <i>VA Undergraduate Research Advisor</i>
2019	Rachel Mason (Baylor University) <i>VA Undergraduate Research Advisor</i>
2019	Shaylee Gutierrez (Tarleton State University) <i>VA Undergrad Research Advisor</i> Current position: Graduate Student, Tarleton State University
2019	Binh An Nguyen (Tarleton State University) <i>VA Undergraduate Research Advisor</i> Current position: Project Coordinator, Central Texas VA System
2019	Shawnelle Pollock (Tarleton State University) <i>VA Undergraduate Research Advisor</i>
2019	Allie Williams (Tarleton State University) <i>VA Undergraduate Research Advisor</i>
2018 – 2019	Kristin Sosa Yanez (Tarleton State University) <i>VA Undergraduate Research Advisor</i>
2018 – 2019	Amanda Wright (Baylor University) <i>VA Undergraduate Research Advisor</i> Current position: Doctoral Student, University of Washington St. Louis

TEACHING EXPERIENCE

AUT 2019 - PRESENT	Applied Counseling Practice (PSYC 5392) Position: Instructor Department of Psychology and Counseling, University of Texas at Tyler
SPR 2015/2016	Research Methods & Statistics III: Multivariate Analyses (CPY 7033) Position: Lead Graduate Teaching Assistant (2 sections) Department of Psychology, Seattle Pacific University
WIN 2015/2016	Research Methods & Statistics II: Regression (CPY 7032) Position: Lead Graduate Teaching Assistant (2 sections)

Department of Psychology, Seattle Pacific University

- AUT 2015** **Psychometrics / Theory of Test Construction (CPY 7010)**
 Position: Lead Graduate Teaching Assistant
 Department of Psychology, Seattle Pacific University
- AUT 2014/2015** **Research Methods & Statistics I: Analysis of Variance (CPY 7031)**
 Position: Lead Graduate Teaching Assistant (2 sections)
 Department of Psychology, Seattle Pacific University
- SUM 2014/2015** **Statistical Methods (CPY 7020)**
 Position: Lead Graduate Teaching Assistant (2 sections)
 Department of Psychology, Seattle Pacific University
- WIN 2013** **Psychological Disorders (PSY 3360)**
 Graduate Teaching Assistant
 Department of Psychology, Seattle Pacific University
- AUT 2013** **Counseling Theory and Practice (PSY 4470)**
 Graduate Teaching Assistant
 Department of Psychology, Seattle Pacific University

CLINICAL EXPERIENCE

Postdoctoral

- 2018–Present** **Study Therapist**
VISN 17 Center of Excellence for Research, Waco, TX
 IMPACT Treatment Study
 Individual therapy with adapted Acceptance and Commitment Therapy (ACT) protocol to target functional recovery in veterans with comorbid PTSD, substance use, chronic pain, and traumatic brain injury.
Supervisors: Eric Meyer, Ph.D.
- *Certified ACT Therapist

Internship

- 2016–2017** **Predoctoral Intern**
University of Mississippi Medical Center, Jackson, MS
 Adult Inpatient Unit
 Individual DBT skill sessions for interpersonal effectiveness, emotion regulation, and distress tolerance; Co-facilitated motivational interviewing inpatient group to increase readiness to change alcohol/substance use.
Supervisors: Courtney Bagge, Ph.D. & Daniel Williams, Ph.D.
- G.V. Montgomery VA Medical Center, Jackson, MS*
 Addiction Disorders Treatment Program
 Individual therapy using CBT-SUD protocol; Facilitated and developed new curriculum content for mindfulness group therapy.

Supervisor: Andrew Voluse, Ph.D.

Neuropsychology

Neuropsychological assessments regarding dementia, cognitive impairment, differential diagnosis, and pre-surgical evaluations.

Supervisor: Ted Bennett, Ph.D.

Evidence Based Psychotherapy Team

Provided EBPs for outpatient services: PE, CPT, CBT for anxiety and depression; Utilized telemedicine for rural-based Veterans.

Supervisors: Jeanne Gabriele, Ph.D. & Lauren Graves, Ph.D.

Trauma Recovery Program

Co-facilitated residential groups including CBT-SUD, DBT, and PE; Provided individual PE; Member of integrated team, assisted with policy development.

Supervisors: Judith Lyons, Ph.D. & Elizabeth Nosen, Ph.D.

Graduate

2015–2016

Advanced Clinical Practicum Intern, Family Medicine Residency
Swedish Medical Center, Seattle, WA

Outpatient, individual psychotherapy; Utilized time-limited interventions during primary care visits; Provided behavioral health consultation and collaborated with healthcare providers.

Supervisor: Sarah Welton, Ph.D.

2014–2016

Clinical Psychology Practicum Intern
Sound Mental Health, Seattle, WA

Completed psychological assessments for differential diagnosis, cognitive impairment, and school-based referrals; Created and facilitated group therapies for positive psychology, anxiety, depression, and stress management.

Supervisors: Allen Hume, Ph.D. & Maria Chan, Ph.D.

2014–2016

Study Therapist and Assessor

Treatment for Anxiety and Depressive Disorder Study, Seattle, WA

Administered ADIS to screen for study eligibility; Co-facilitated Unified Protocol for Transdiagnostic Treatment of Emotional Disorders (group format).

Supervisor: Thane Erickson, Ph.D.

Pre-Graduate

2011–2012

Psychiatric Care Worker, Adult Inpatient Unit
University of Michigan Health Systems, Ann Arbor, MI

Provided patient monitoring, assessment, and care planning.

2010–2012

Lead Peer Health Coach, Center for Health Communication Research
University of Michigan, Ann Arbor, MI

Provided Motivational Interviewing for a smoking cessation intervention.

Supervisors: Lawrence An, M.D. & Shannon Considine, M.S.W.

- 2010–2011** **Psychology Practicum Student**, Polytrauma Clinic
 Ann Arbor VA Healthcare System, Ann Arbor, MI
 Neuropsychological assessments for traumatic brain injury screen;
 Provided test performance feedback to Veterans and physicians.
Supervisor: Linas Bieliauskas, Ph.D.
- 2009** **Undergraduate Psychology Intern**
 Genesee County Community Mental Health, Flint, MI

CLINICAL SUPERVISION EXPERIENCE

- WIN 2017** **Screening, Brief Intervention, and Referral to Treatment (SBIRT)**
 Adult Inpatient Unit, University of Mississippi Medical Center
 Supervised medical students in the administration of SBIRT for
 substance use; Coaching, feedback, and competency ratings.
- SPR 2016** **Adjunct Faculty for Erickson Research Team**
 Department of Clinical Psychology, Seattle Pacific University
 Advised graduate students conducting diagnostic interviews;
 Determined treatment study eligibility; Supervised graduate students
 managing treatment study.
- SUM 2015** **Behavioral Health Residency Training**
 Swedish Family Medicine, Ballard Behavioral Health
Topics: Motivational Interviewing; Gratitude
Training Objectives: (1) Learn how to utilize MI with patients through
 brief presentations and role-play sessions; (2) Understand how
 gratitude relates to behavioral health.

MEDIA

1. Canady, V. A. (2018, April 16). Study examines social support against MH disaster impact. *Mental Health Weekly, Wiley Online Library, 28(15)*, p. 7-8.
2. Bahadur, N. (2020, May 28). What is resilience, and can it help us bounce back from this? *SELF*, self.com/story/what-is-resilience.

OTHER PROFESSIONAL ACTIVITIES

Current Professional Affiliations:

- Association for Behavioral and Cognitive Therapies
- Special Interest Group – Trauma and PTSD
- Special Interest Group – Clinical Research Methods and Statistics
- Special Interest Group – Military and Veterans

Ad hoc reviewer:

APA Convention – Division 56 Program Reviewer

Behavior Therapy

Journal of Positive Psychology and Wellbeing

Journal of Social and Clinical Psychology

Journal of Traumatic Stress

Military Behavioral Health

Psychological Reports

Psychological Trauma: Theory, Research, Practice, and Policy